



# RNECE

Regional Nutrition Education and  
Obesity Prevention Centers of Excellence  
National Coordination Center at the University of Kentucky

POINTING THE WAY  
TO GOOD  
NUTRITION

## RNECE Initiative Mission and Objectives

The overarching goal of the RNECE is to improve the health of low-income Americans by fostering a culture of health through multiple strategies, including nutrition education and complementary public health approaches implemented at each level of the socio-ecological framework through policy, systems and environmental changes.

- Strengthen the evidence-base on effective nutrition education and obesity prevention programs for diverse population groups.
- Evaluate the long-term effectiveness of nutrition education and obesity prevention interventions for disadvantaged and underserved populations and opportunities for new research.
- Identify and create research collaborations and synergistic relationships among researchers and EFNEP/SNAP-Ed program directors, universities and other implementers, and state and federal agencies.
- Enhance the impact of state and community nutrition education and obesity prevention efforts by providing the public health-related training and evidence that practitioners need for improving nutrition and health behaviors, environments, and policies in ways that are equitable, efficient, and sustained over time.

PSE Center,  
University of  
Tennessee,  
Dr. Laura  
Stephenson  
[snapedpse.org](http://snapedpse.org)

North Central  
Region,  
Purdue University,  
Dr. Dennis Savaiano  
[ncnece.org](http://ncnece.org)

Northeast Region,  
Cornell University, Dr.  
Jamie Dollahite  
[nernece.human.cornell.edu](http://nernece.human.cornell.edu)

Southern Region,  
University of North  
Carolina at Chapel Hill,  
Dr. Alice Ammerman  
[rnece-south.org](http://rnece-south.org)

Western Region,  
Colorado State  
University, Dr. Susan  
Baker  
[wrnece.colostate.edu](http://wrnece.colostate.edu)

## QUARTERLY REPORT

October 1 – December 31, 2015

### Message from the Director, National Coordination Center

As we enter the second year of the RNECE Initiative, substantive progress toward our goals is evident. During the first year of work, we communicated broadly with a variety of stakeholders to engage diverse participation. The four regional RNECE have established web sites, steering committees, advisory groups, and research projects during year one. In year two, we welcome two new grantees: a new national center focused on training, resources, and support for policy, systems, and environmental (PSE) changes and a new longitudinal research project exploring effective, sustainable, and scalable evaluations of nutrition education programs. Integration of these two new RNECE sites into ongoing work and the continued work of the Regional Centers were the primary topics for a meeting of key personnel in December 2015, followed by an interagency update with USDA. To learn more about the RNECE Initiative, visit the web site below for access to resources and a link to all RNECE web sites.

Dr. Ann Vail

<http://rnece-ncc.org>



This work is supported by the U.S. Department of Agriculture (USDA), Food and Nutrition Service and National Institute of Food and Agriculture. Any opinions, findings, conclusions, or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the view of the USDA.

## In this report...

- Highlights from the December 17, 2015 USDA Interagency briefing with RNECE Initiative Leaders
- Updates on national RNECE communications and evaluation work
- Welcome to two newly funded sites: University of Tennessee and Utah State University
- News of progress as the Regional Centers begin second year of work
- Research Project Inventory organized by anticipated completion dates of projects started in year one
- RNECE map and link for more information

## RNECE National Coordination Center at University of Kentucky

On December 17, 2015, key personnel from RNECE met with USDA officials from NIFA and FNS in an interagency briefing. The briefing was convened with greetings from Helen Chipman and Robert Holland (NIFA), Audrey Rowe (FNS), and Jerry Mande (FNCS). RNECE grantee presentations were given by:

- National Coordination Center – Ann Vail, University of Kentucky
- Policy, Systems, and Environmental Change Center – Laura Stephenson, University of Tennessee
- North Central Regional Center – Dennis Savaiano, Purdue University
- Northeast Regional Center – Jamie Dollahite, Cornell University
- Southern Regional Center – Alice Ammerman, University of North Carolina at Chapel Hill
- Western Regional Center – Susan Baker, Colorado State University
- Longitudinal Research Project – Carrie Durward, Utah State University

Slide sets from RNECE presenters at the December 17 briefing are posted here: <http://rnece-ncc.org/oral-presentations.shtml>. For two days prior to the briefing, personnel from the RNECE Initiative worked together on evaluation, communications, and working group tasks. This was the first meeting with new grantees from the PSE Center and Longitudinal Research Project. The group collaborated on procedures and plans for integration of this new work into ongoing efforts in a coordinated fashion. The next face-to-face meeting will occur after the ASNNA conference in early February 2016.

The National Coordination Center (NCC) continues to facilitate monthly conference calls, plan face-to-face meetings, and broadly communicate about the work of the RNECE Initiative. The NCC contributes regularly to newsletters via eXtension, ASNNA, SNAP-Ed, and EFNEP listservs to update researchers and implementing agencies. This quarter, newsletter updates featured the NCC and RNECE-West. Follow this link <http://rnece-ncc.org/center-updates.shtml> to see these and other Center updates. An RNECE infographic and marketing statement were developed and updated to include new sites.

The Evaluation Working Group, focused on overall evaluation with respect to the four initiative objectives, will hold quarterly evaluation calls in year two. The first call was held in November 2015 with participation from the four Regional Centers. This working group is currently reviewing data entered into the Research Project Inventory and preparing for projects to complete the Research Project Outcomes survey. Evaluators from each Center are:

- National Coordination Center Janet Mullins, PhD, RD - University of Kentucky
- PSE Center Karen Franck, PhD - University of Tennessee
- RNECE - North Central Dawn Contreras, PhD - Michigan State University
- RNECE – Northeast Debbie Sellers, PhD - Cornell University
- RNECE – South Molly De Marco, PhD - University of North Carolina at Chapel Hill
- RNECE – West Garry Auld, PhD, RD - Colorado State University

Presentation:

Brewer D., Kurzynske J., Mullins J., Ammerman A., Baker S., Dollahite J., Savaiano D., Vail A. *Improving Health through USDA's EFNEP & SNAP-Ed: Regional Nutrition Education and Obesity Prevention Centers of Excellence (RNECE)*. Poster presented at 2015 Food and Nutrition Conference & Expo, Academy of Nutrition and Dietetics; October 2015; Nashville, TN.

## RNECE Policy, Systems, and Environmental Change Center at University of Tennessee

A new Policy, Systems, and Environmental Change Center (PSE) began work this first quarter of year two. The target audience for the PSE Center is the national SNAP-Ed and EFNEP network, including coordinators, directors, and educators. The PSE Center has two primary objectives:

1. Enhance the ability of SNAP-Ed and EFNEP networks to effectively implement and evaluate obesity prevention PSE strategies for low-income populations throughout the lifespan.
2. Strengthen SNAP-Ed and EFNEP nutrition education interventions through incorporation of effective culturally-responsive public health approaches that are centered on readiness to change best practices.

During the first quarter of its work, the PSE Center reports these major accomplishments:

- 1) The PSE Change Center structure was defined, organized, and implemented. The Center infrastructure was developed by:
  - Organizing internal teams to support PSE objectives.
  - Conducting job searches for an Administrative Specialist and a Program Director.
  - Establishing networks with existing RNECE's and the National Coordinating Center.
- 2) An initial situational analysis was completed and a plan was put in place by:
  - Compiling information about PSEs collected by the RNECEs. Data review and analysis is ongoing. A Delphi study is ready for implementation in January 2016.
  - Each milestone team identifying discovery phase needs and incorporating questions/methods into the overall plan.
- 3) A model was identified to guide the competency development process for PSE strategies in EFNEP and SNAP-Ed by:
  - Developing a competency plan and an action plan.
  - Selecting the DACUM model, a way of **developing a curriculum**, as a cost effective method to identify competencies related to PSE strategies. This model will be employed to identify competencies for PSE approaches by implementing agency coordinators and educators. The Co-PI/Co-Director and Project Director are scheduled to attend DACUM Training Institute in January 2016 to become certified in facilitating the DACUM process in order to collect data on the barriers, facilitators, and training needs for on the ground EFNEP & SNAP-Ed employees regarding PSE changes.

The PSE Center is working to coordinate efforts with ongoing work. They had discussions with RNECE-Northeast and will plan collaboration efforts for National PSE training(s). Marsha Davis will serve as liaison for this portion of the project. They had discussions with RNECE-South to plan collaboration for toolkit development. Karla Shelnett will be the liaison for the toolkit work.

## RNECE North Central Region Center at Purdue University

The North Central Center fosters relationships between researchers and implementers through its Affiliates Program. To date, there are 25 Affiliate Members from all 12 states within the North Central Region. Research priorities for this Center are to:

1. Address the policy, systems and/or environmental aspects of the **rural** communities of the North Central region.
2. Address the specific needs of immigrant, minority and/or other at-risk populations in this region.
3. Strengthen the evidence base on effective nutrition-education/obesity-prevention programs for diverse groups, notably SNAP-Ed and EFNEP.

Monthly meetings were held with the steering committee throughout the quarter, with at least one representative from each of the 12 states. The steering committee helped plan and promote the affiliate webinars and the request for sub-award proposals. Monthly meetings were held for the Executive Committee consisting of each of the PIs on the grant. The executive committee planned and promoted the affiliate webinars and the release of the new RFP for funding new projects for the Center. The executive committee and steering committee held a face to face meeting in Chicago on Sunday, November 1, 2015. The purposes of the face-to-face meeting with the steering committee were to conduct a needs assessment for functions of the Center, generate idea sharing, and strengthen the cohort. Steering committee members became better-acquainted, shared ideas for the Center, and provided valuable input for future functioning of the Center.

Formative evaluation work was conducted through online focus groups to collect data related to these four levels of the socio-ecological model:

1. Individual Level:
  - Research related to the longitudinal effects of SNAP-Ed and EFNEP.
  - Tools and PSE interventions for use with diverse audiences.
2. Interpersonal Level:
  - Measuring the effects of social networking strategies, including social support, champion/ambassadors.
  - Research and tools for measuring the “spill-over” effects of SNAP-Ed and EFNEP interventions from child to family and vice versa.
3. Organizational Level:
  - Research and tools for measuring the effectiveness of community-based teamwork interventions, coaching, collective impact.
4. Policy Level:
  - Tools/measurement methodologies for PSE interventions within diverse settings, i.e. coalitions, child care, farmers markets, food pantries, parks, etc.

Seven new proposals were received for the round of funding to begin January 2016. Reviewers were recruited to review and rate the proposals submitted for funding. Proposals were reviewed by outside reviewers and rated for funding consideration by the executive committee. Two successful affiliate webinars were held during the quarter. One webinar described the work of one of the funded projects. The other webinar was an informational session to assist proposal applicants in writing a successful proposal.

## RNECE Northeast Region Center at Cornell University

The Northeast Center's primary goal is to expand the evidence base that supports effective nutrition education of diverse low-income program participants delivered in conjunction with policy, systems, and environmental (PSE) approaches that make healthy choices easier in order to prevent obesity. The Northeast key initiatives are a signature research program, a nationwide training program, and a systematic review of literature with these objectives:

1. Foster sustainable regional and local collaborations among researchers working in a variety of relevant disciplines and nutrition and health program implementers serving low-income audiences across the northeastern United States, a region of stark geographical contrasts from dense urban to remote and isolated rural.
2. Develop a signature research program that combines direct education with PSE changes able to be effectively implemented by programs such as the EFNEP and SNAP-Ed that serve low-income rural and urban participants from a wide range of ethnic, racial and linguist backgrounds.
3. Create a system of sub-awards to fund projects that rigorously test the effectiveness of emergent or practice-based interventions that combine nutrition education and public health approaches to support a culture of overall good health among low income populations.
4. Develop a communication and dissemination system including mentoring and staff development through eXtension, social media, and on-line platforms as well as research articles to share: (1) the work of the Center, (2) research results from Center projects, and (3) best practices for nutrition education approaches that include PSE change efforts.

The research question for the signature research program is: *Does the combination of direct nutrition education and PSE changes have greater impact on dietary intake and physical activity than either strategy alone?* Five research projects are supported with Institutional Review Board (IRB) approval received for all projects. Sub-award contracts have been finalized; data collection instruments have been identified and/or developed; recruitment and baseline data collection is underway or completed; and interventions have begun in all projects.

Preliminary planning for the systematic review is complete and development of the protocol is underway. The regular bi-monthly conference call for the Center Steering Committee was held November 19, 2015 with updates provided and input received on the Center's work. A nationwide training work group has been formed with representatives from all RNECEs. An organizational conference call was held on December 9, 2015 with primary focus of reviewing and receiving input on a training needs survey. Center staff and stakeholders presented on PSE's and the Center's work to EFNEP regional coordinators in New York State in November 2015.

Presentation:

Dollahite J, Paddock J., Mulligan K., Mehta M. *Policy, Systems and Environmental Change: PSE Framework and Northeast Regional Nutrition Education and Obesity Prevention Center of Excellence*. Presentation to 2015 Northeast Regional Coordinator's Conference: Expanded Food and Nutrition Education Program; November 2015; Newark, DE.

The RNECE-South work includes a signature research program and innovation sub-awards, with social media and healthy retail research. The Center engaged the region through a steering committee and webinars, with a focus on skills to implement PSE changes. In collaboration with the Public Health Institute (PHI), monthly webinar trainings were provided (Southeast Learning Community: School and Childcare Wellness Policies and Best Practices Webinar) with webinar materials posted at <http://rnece-south.org/#/training/archived>. Updates have been made to the structure and content of the RNECE-South website in the last quarter.

Collaboration continues with representatives of ASNNA, NCCOR, FHI 360 and the USDA providing leadership for development of an interactive toolkit for use by SNAP-Ed and EFNEP implementers. RNECE-South assisted with the final compilation of the ASSNA/NCCOR review process for the toolkit version to be disseminated in early 2016. RNECE-South provides leadership for a working group with representatives from all RNECE Centers to develop an interactive, comprehensive toolkit.

### Progress continues with sub-award projects:

- **University of Arkansas** – *Faithful Families: Implementation and Outcome Evaluation of Paraprofessional and Volunteer Delivery Methods*.
  - IRB application approved.
- **University of Florida** – *Building Faith through Health in the Community and Online*.
  - IRB application approved.
  - Completed face-to-face, 5.5-hour training on implementation with NC State staff.
- **University of Tennessee-Knoxville** – *Faithful Families in Tennessee: Improving the Health of Low-Income Faith-Based Audiences*.
  - IRB application approved.
  - Completed a face-to-face, 5.5-hour training on implementation with NC State staff.
  - Completed initial training with county-level implementers.
- **University of Georgia** (Innovation Award) – *Evaluation of online nutrition education eLearning program tailored to SNAP-Ed eligible adult Georgians*.
  - Completed the focus group section of a qualitative assessment.
- **Social Media Communications** (Innovation Award).
  - NCSU has appropriate IRB approval for social media.
  - Social media implementers were trained in three states.
  - Completed data collection for NC Social Media Project.

A Healthy Retail project to test a Baltimore stores program in the rural South is underway. Four intervention and four comparison counties have been identified. Implementation will include five themes, each lasting in the store for two months: (1) Healthy Breakfast, (2) Healthy Cooking at Home, (3) Healthy Snacks, (4) Carry-out Purchases, and (5) Healthy Beverages. Product placement strategies will use behavioral economics techniques. Cooking demonstrations and taste-testing activities are planned. A social marketing approach will be used to promote healthy eating practices.

### Presentations:

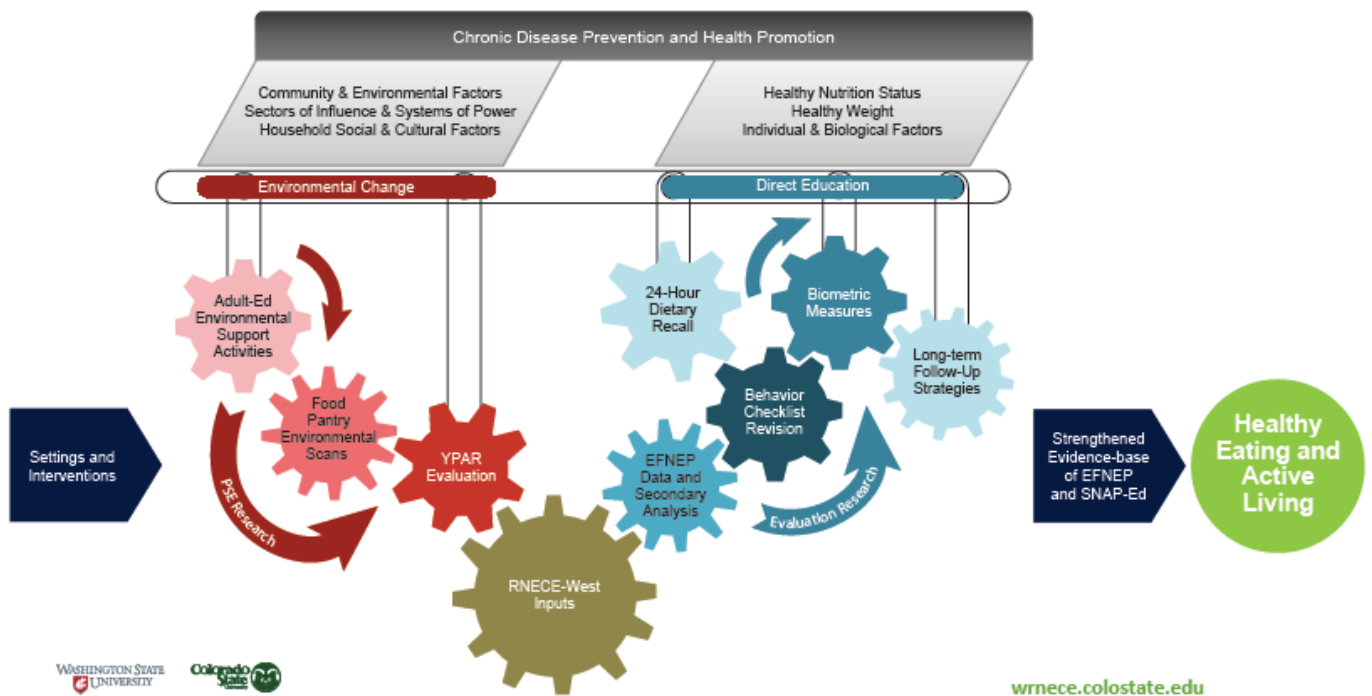
- Public Health Institute Southeast Learning Community Multi-State Partnership Meeting (11/17/2015), Jackson, MS: Molly De Marco represented the RNECE-South and presented an

overview of the RNECE Initiative and the RNECE-South activities and resources for SNAP-Ed and EFNEP Implementing Agencies.

- National Collaborative on Childhood Obesity Research (NCCOR) SNAP-Ed Evaluation Framework Meeting (12/2-3/2016), Washington, DC: Alice Ammerman and Molly De Marco represented the RNECE-South in this workshop to develop guidance for the use of the SNAP-Ed Evaluation Framework.

## RNECE West Region Center at Colorado State University

 Regional Nutrition Education and Obesity Prevention Center of Excellence – West (RNECE-West)



This infographic was created to depict the work of RNECE-West. This Center is focused on evaluating long-term program effectiveness. RNECE-West is conducting a needs assessment to better understand the regional implementation of nutrition education and obesity prevention public health approaches. This Center is assessing gaps in interventions to identify research priorities and staff development needs through a review of the literature and public health data, as well as surveying program leaders in NIFA’s Western Region on direct education and PSE efforts. A PSE Survey was sent to Western Region EFNEP Coordinators, SNAP State Directors, SNAP-Ed and Implementing Agencies. To date, 31 responses have been received, with 19 fully completed. The needs assessment completion date is late February 2016.

The RNECE-West is currently developing field testing, and validating a food pantry environmental survey to be used with EFNEP supervisors and SNAP-Ed managers to measure and report changes in the food pantry environment. Environmental data and data from USDA food assistance program clients will pinpoint policy actions that support making the healthiest choice the easiest choice for food bank clients. The literature search is complete and key informants have been identified. Existing food pantry surveys have been collected. A qualitative food pantry interview script has been drafted

based on existing literature search summary. An IRB submission has been drafted. This project is on track to be completed in August 2016.

NC2169, the multi-state Agricultural Experiment Station (AES) research project looking at EFNEP evaluations, is coordinating with several EFNEP volunteer committees to develop a new Behavior Checklist Questionnaire (BCL). Development of a new, validated tool is critical to building the evidence base for both EFNEP and SNAP-Ed. The RNECE-West is working to finalize reliability and validity of newly developed questions. Reliability testing protocol was developed. Seven states will conduct reliability testing with food service workers or similar staff who qualify for the EFNEP income guidelines. The reliability testing is scheduled February-March 2016.

A project to develop environmental support for direct education activities aims to help bridge the gap between direct education and PSE interventions, and to provide new educational resources for EFNEP and SNAP-Ed to incorporate participant engagement related to micro-environment changes. The literature review has been completed. Educator focus group questions have been drafted and focus groups with educators will begin in February 2016.

Longitudinal data from Eating Smart, Being Active will evaluate program efficacy. Data will include biometric data (BMI, blood pressure, HbA1C), from EFNEP and SNAP-Ed class participants at pre, post and 6 (or 12) months. The EFNEP BCL, 24-hour recall, and biometric data will be compared to demonstrate program outcomes long-term. Once protocols are established, six additional programs (at least one from each NIFA region) will be recruited. RNECE-West purchased the biometric data collection equipment and began developing protocols for collecting this data. Initial data collection in Colorado will begin in March 2016.

The RNECE-West is contracting with the PHI to complete a two-year assessment of Youth Participatory Action Research (YPAR), a practice-based intervention. This evaluation will assess program efficacy. YPAR is currently used in SNAP-Ed programs aimed toward youth-driven PSE change. The Hawaii site unexpectedly withdrew from this assessment. Currently, PHI and RNECE-West are assessing alternate sites for evaluation. University of California Cooperative Extension will begin the project this year; the Los Angeles project will begin in 2017. PHI is beginning conversation with RNECE-West regarding validating the youth year-end survey.

#### **Sub-Awards:**

##### **Evaluation of a novel, low-cost, low-burden, scalable technology for evaluating EFNEP and SNAP-Ed Effectiveness (Utah State University)**

The purpose of this study is to assess changes in fruit, vegetable, whole grain, and dairy grocery purchases before and after participation in Utah EFNEP and SNAP-Ed. Researchers will assess the utility of a novel technology QualMART that detects changes in grocery purchases using customer loyalty cards, and that quantifies expenditures on these foods. Utah State and University of Utah IRBs approved the study. Kroger, data analytics partner, confirmed they will provide retrospective and prospective sales data for consenting households. They are awaiting legal review of a new data use agreement. This team developed participant data questionnaires.

##### **Sugar Sweetened Beverage Intake among EFNEP Participants – An Evaluation of the National EFNEP Database (University of Alaska)**

The Project Investigator will conduct a secondary analysis of the EFNEP data set from 2014 to estimate change in sugar sweetened beverage (SSB) intake and expenditures among program participants. The primary objective of this project is to evaluate the impact of EFNEP on SSB intake, to calculate the impact of the EFNEP intervention on diet quality as estimated by the Healthy Eating



Index 2010 (HEI2010), and to estimate the expenditures being made on SSBs by EFNEP participants. Analysis of data will be limited to the Western Region EFNEP participants. The primary EFNEP data was requested under the Freedom of Information Act (FOIA) from the USDA. Some of the required data was provided. A second FOIA request was required to obtain the dietary recalls. The data will be provided but to date the necessary files have not been assembled or sent. Unlike previous years under the EFNEP Nutrition Education and Evaluation Reporting System (NEERS), the new EFNEP WebNEERS does not export the dietary recalls, only the summaries. Therefore new queries are required from the original database.

Publication:

Murray, E., Auld, G., Inglis-Widrick, R., Baker, S. (2015). *Nutrition Content in a National Nutrition Education Program for Low-Income Adults: Content Analysis and Comparison to the U.S. Dietary Guidelines*. *Journal of Nutrition Education and Behavior*, 47(6)566-573.

Presentation:

Baker, S, and Barale, K. *Regional Nutrition Education and Obesity Prevention centers of Excellence. What's in it for you?* American Association of SNAP Directors - 40<sup>th</sup> Annual SNAP Education Conference, November 8, 2015. Seattle WA.

### **RNECE Long-Term Research Project – Utah State University**

#### **Multi-disciplinary methods for effective, sustainable, and scalable evaluations of nutrition education programs**

This newly funded Project is affiliated with RNECE-West. This Project will evaluate the effectiveness of EFNEP and SNAP-Ed, using rigorous methods and new technologies to compare program participants and non-participants in multiple states.

1. The first objective is to evaluate EFNEP and SNAP-Ed effectiveness in changing the home food environment over time by assessing the quality and cost of household grocery food purchases for 12 months before and after program participation, as compared to matched controls. This work extends the pilot data collection funded through the RNECE-West sub-award Evaluation of a novel, low-cost, low-burden, scalable technology for evaluating EFNEP and SNAP-Ed Effectiveness (Utah State University).
2. The second objective is to evaluate EFNEP effectiveness in changing individual dietary intake by assessing diet quality before and after program participation, as compared to matched controls. First, the mobile version of the Automated Self-administered 24-hour Recall (ASA24) will be validated for the low income population, using two modes: unassisted and assisted by a paraprofessional. Both modes will be evaluated in a feeding study. The observed foods consumed will be compared to those reported by study participants. Then EFNEP will be evaluated in multiple states, using the ASA24 pre-and post-intervention. This project strengthens the evidence base for the effectiveness of EFNEP and SNAP-Ed. It is a collaboration among researchers at the University of Utah, Utah State University, and National Cancer Institute and directors of EFNEP and SNAP-Ed in participating states.

Study materials and IRB protocol have been developed. IRB approval was gained at Utah State University. IRB applications are in process for Colorado, Tennessee, Idaho, and Westat. Household recruiting and training procedures were refined as a result of experience with the related sub-award to Utah State University. Initial meetings of management teams occurred in January 2016. Potential advisory group members were identified and invited to participate. Currently five of seven advisory group positions have been filled. University of Utah is tailoring QualMART technology for the first objective.

## **RNECE Research Project Inventory – Year One**

The table below presents the RNECE Research Project Inventory for year one, organized by anticipated project completion date. In future reports, a “Project Status” column will be added, as well as newly funded projects. For a brief description of the projects, please see the previous Quarterly Report at this link: [http://rnece-ncc.org/assets/15\\_0701-0930.pdf](http://rnece-ncc.org/assets/15_0701-0930.pdf).

Center	Implementing Organization	Project Title	End Date
West	Colorado State University	Secondary Data Analysis	Feb-16
West	Colorado State University	Testing of Strategies to Reach Direct Education Participants Long-Term	May-16
Northeast	Hispanic Health Council	Nutrition Ed, Access and Texting (NEAT): Combining the Hartford Mobile Market with e-Marketing	Jun-16
Northeast	Johns Hopkins University School of Public Health	Successful Youth-Leader Program as part of a Multi-Level, Multi-Component Food Environment, Behavioral Intervention	Jun-16
Northeast	University of Maryland Extension	Transforming Lifestyles: Integrating Direct Nutrition Education with Physical Activity Using the Health Care System Expansion Model	Jun-16
Northeast	University of Rhode Island	Empowering Urban Schoolchildren to Increase Fruit and Vegetable Consumption through EFNEP-enhanced PSE Interventions	Jun-16
South	University of Tennessee	Faithful Families in Tennessee: Improving the Health of Low Income Faith-Based Audiences	Jun-16
South	University of Florida	Building Faith Through Health in the Community and Online	Jun-16
South	University of Arkansas	Faithful Families: Implementation and Outcome Evaluation of Paraprofessionals and Volunteer Delivery Methods in Low-income Faith Communities	Jun-16
Northeast	Cornell Cooperative Extension in Orange and Jefferson Counties	Adopting Healthy Habits in Worksites: Increasing adoption and acceptability of policy, systems, and environmental changes within agencies serving low-income families	Aug-16
West	Colorado State University	Food Bank Environmental Scan	Aug-16
West	Utah State University	Evaluation of a novel, low cost, low burden, scalable technology for evaluation EFNEP and SNAP-Ed effectiveness	Aug-16
North Central	University of Illinois	Evaluating a Multi-Modal Community Nutrition Education Model within SNAP-Ed and EFNEP	Aug-16
South	University of Oklahoma	Creating and Disseminating a Planning Guide to Support Community-Based 5K Fun Walk/Run and Wellness Expo Events	Aug-16
South	University of Georgia	Evaluation of online nutrition education eLearning program tailored to SNAP-Ed eligible adult Georgians	Aug-16
West	Colorado State University	Behavior Checklist Validation	Sep-16
West	University of Alaska Fairbanks	Sugar Sweetened Beverage Intake among EFNEP Participants - An evaluation of the National EFNEP Database	Sep-16
North Central	University of Missouri	Eat Smart In Parks: Youth Mapping and Photovoice to Inform Healthy Food Environments	Jan-17
West	Colorado State University	Two-Year Assessment of Youth Participatory Action Research - A PSE Intervention	Sep-17
West	Colorado State University	Long Term Follow Up Evaluation of Eating Smart Being Active	Aug-18
West	Colorado State University	Developing Environmental Support Activities for Use in Conjunction with Direct Education	Aug-18

For more information, visit <http://rnece-ncc.org>



POINTING THE WAY  
TO GOOD  
NUTRITION



★ **National Coordination Center**  
University of Kentucky  
Dr. Ann Vail

▲ **Policy, Systems, and Environmental Change Center**  
University of Tennessee  
Dr. Laura Stephenson

**North Central Region**  
Purdue University  
Dr. Dennis Savaiano

**Northeast Region**  
Cornell University  
Dr. Jamie Dollahite

**Southern Region**  
University of North Carolina at Chapel Hill  
Dr. Alice Ammerman

**Western Region\***  
Colorado State University  
Dr. Susan Baker

\*The Longitudinal Research Project through Utah State University works in cooperation with the Western Regional Center.